



# COVID-19 Emergency Resources

## HEALTHCARE

### Medical Coverage

- [Arlington Free Clinic](#) provides free, high quality healthcare to low income uninsured Arlington County residents.
- [Neighborhood Health](#) provides healthcare services throughout Northern Virginia (Arlington, Alexandria, Fairfax County) by offering medical services on a sliding fee scale. They also help patients obtain low cost medications.

## FOOD

### Capital Area Food Bank

- Capital Area Food Bank will be providing food resources during the COVID-19 outbreak.
- You can find Virginia locations [HERE](#)

### Hunger Free Alexandria

- Click [HERE](#) for list of emergency food outlets due to related school and business closures

### Meals for K-12 Students

- Arlington Public Schools (APS) will provide free grab and go breakfast for anyone between 2-18 years old between 11-1 at Kenmore Middle School and Drew Elementary School.
- Alexandria County Public Schools (ACPS) will provide free meal to any child under 18 and/or any family who needs along with free delivery. Breakfast is 8-9. Lunch is 11-1. Pickup meals at Door #14 at TC Williams (Chinquapin Drive side). Option for delivery if you don't have pickup. Order family meals [HERE](#)
- Fairfax County Public Schools (FCPS) will be serving food at a total of 29 locations. Breakfast will be served from 8 – 10:30 AM. Lunch will be served 10:30 AM – 2. You can click [HERE](#) for locations.

## HOUSING

### Northern Virginia Habitat For Humanity

- You can find affordable housing resources [HERE](#)

## UTILITIES

### Comcast

- Comcast is offering in-home 25/3 Mbps wifi for \$10/month with your first two months free if you are a new customer. Sign up [here](#).

### U-Haul

- U-Haul is providing 30-days of free storage to college students whose schedules are being affected by Covid-19. Learn more [here](#).

## GENERAL INFORMATION

### Centers for Disease Control and Prevention

- Stay updated on national and global news and progress on healthcare resources through the CDC's [website](#).

### Northern Virginia COVID – 19 Updates

- Arlington County COVID-19 Updates [HERE](#)
- Alexandria County COVID-19 Updates [HERE](#)
- Fairfax County COVID-19 Updates [HERE](#)

### Latest News

- [The Associated Press](#)
- [National Public Radio](#)